

Interview Questions For How Pathwork Came Into My Life

Gary Vollbracht – 5/25/12

- 1) What were some of the things going on in your life that seemed to make you ripe for and possibly interested in exploring Pathwork? What were some of your needs at that time? To what degree were these needs conscious in you?
- 2) What was your sense of your spiritual and/ or psychological growth path at that time you were first introduced to Pathwork? What paths were you in, had you been in, and/or were you exploring at the time you were first introduced to Pathwork? In what ways had these other paths worked and not worked for you? In what ways were you looking for something more or different? Were you looking for something more, or was it more recognizing something in Pathwork that drew you? If the latter, what were some of the aspects of Pathwork that most drew you?
- 3) How did you get introduced to Pathwork? What were some of the things in that initial introduction that contributed to your choosing to explore and experience Pathwork?
- 4) How long have you been in Pathwork? What have been some of the things in Pathwork (teachers, helpers, processes, lectures, group work, etc.) that have most contributed to your spiritual and personal growth? What have been some of the obstacles in Pathwork and how did you overcome them?
- 5) In what ways has your life changed since coming to Pathwork? What most surprised you? What are some of the things that keep you in Pathwork and inspire your life?
- 6) What would you say your edge is these days in your personal and spiritual growth? What aspects of Pathwork most support you in growing in and beyond this edge?
- 7) What are some of the ways that Pathwork has allowed or inspired you to be of service to the Planet? What are some of these ways you serve?
- 8) What else would you like to say?

Additional Ideas

I was also thinking of expanding this process to include a dozen or so Pathworkers – Helpers, Students, etc. I suggest we give these questions to folks ahead of time so they could be thinking about them. If writing is their game, they could write out some of their answers.

I suggest that we try to come up with some grouping of people whose answers to questions 1 and 2 are common (for example, those active in 12-step programs, those in mid-life, those who were aware of their spiritual longing in some way, those disillusioned with other paths, etc.).

Perhaps these groupings would typify our “market segments.” If we did videos, perhaps we could end up with several videos -- one for each market segment. This way people in 12-step programs, for example, would have a message tailored to their particular situation and needs. Ditto for mid-life crisis folks, disillusioned folks, etc. I would see Nathan (our videographer) videoing these small groups as they explore these 8 questions on film. The videos could be in the form of a short trailer aimed at each group to peak interest in those belonging to said group. Then if the trailer appeals, there could be a longer version dealing with the 8 questions. Each group could be a mixture of students and helpers.